

# Sigma Sigma Phi Sigma Chapter

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2021 Annual Report

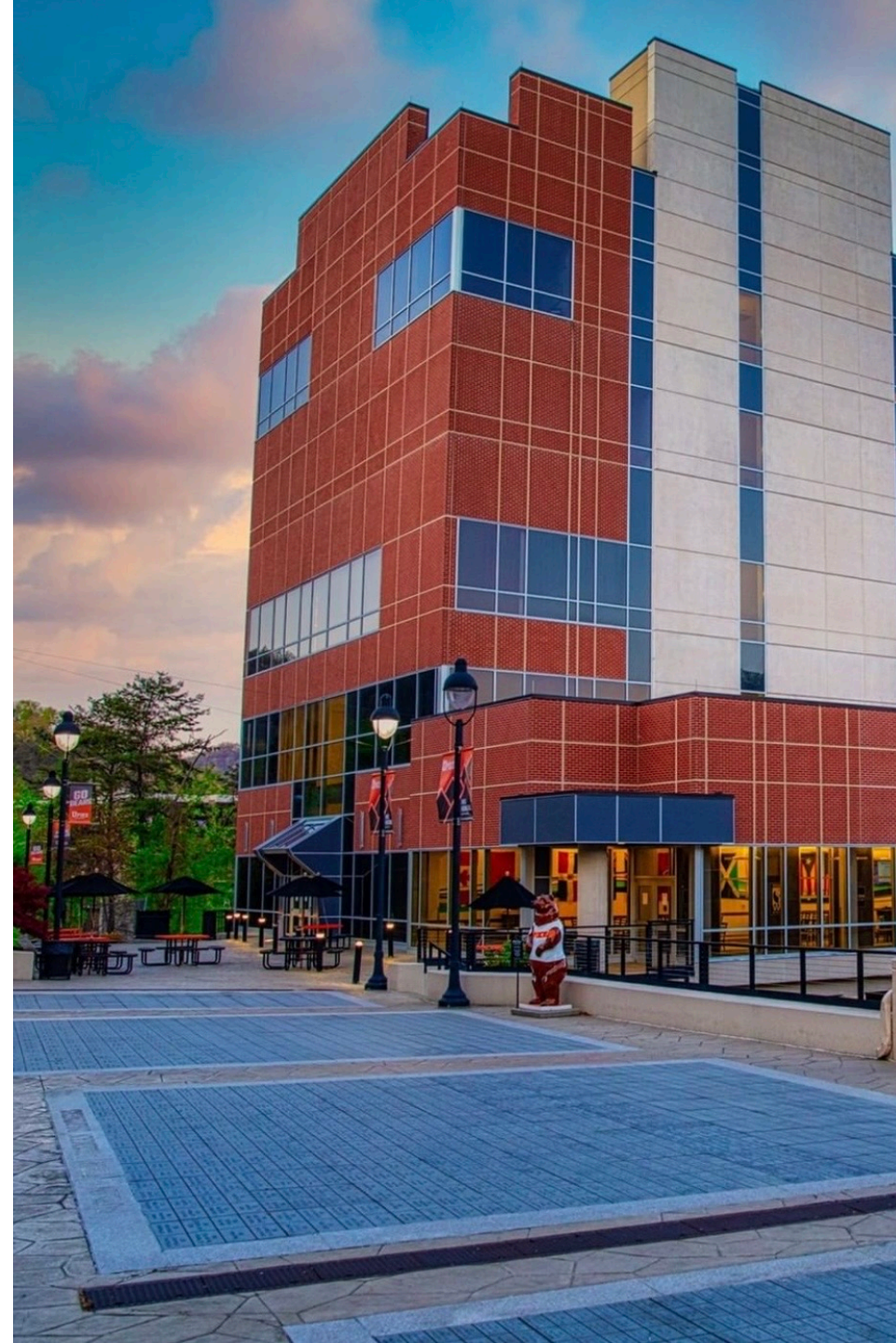
Presented by: Tiffany Isaacs, Sigma Chapter President

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# Kentucky College of Osteopathic Medicine

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- Sigma chapter is represented at the University of Pikeville – Kentucky College of Osteopathic Medicine. UP-KYCOM is the 19<sup>th</sup> school osteopathic medicine in the country and the only COM in Kentucky.



# Medicine in the Mountains

- Situated in the heart of Eastern Kentucky, UP-KYCOM is dedicated to producing physicians who will serve the Appalachian Mountain region and surrounding rural areas.





# Pikeville, Kentucky

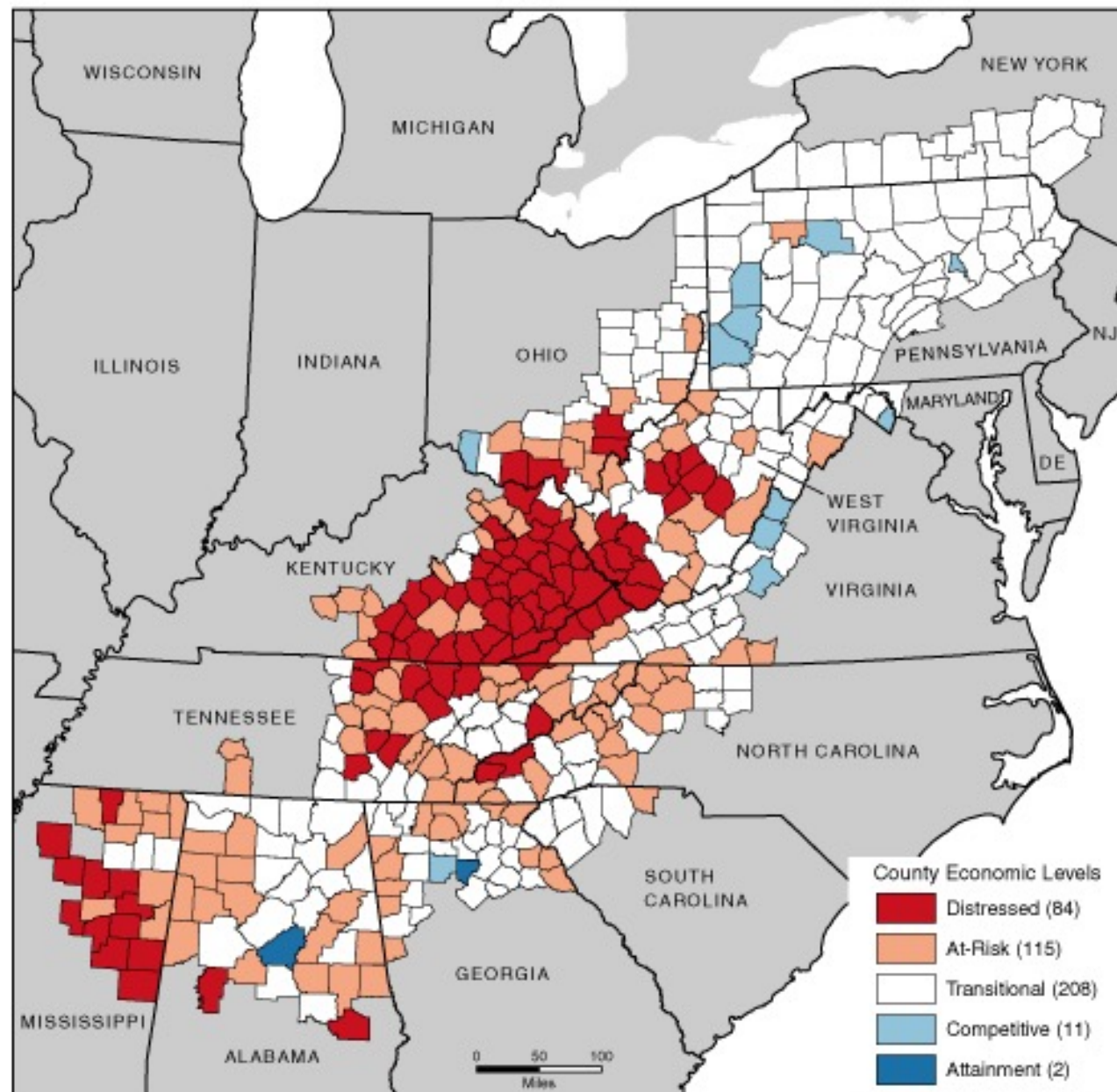
## Developments

- KYCOM is the founding academic member of A-OPTIC (Appalachian Osteopathic Postgraduate Training Institute Consortium)
  - A consortium of post-graduate medical residency programs, hospitals and COMs with the mission of developing and supporting quality training opportunities to encourage its graduates to practice in underserved areas of the United States
- KYCOM ranked 12<sup>th</sup> in family medicine; ranked 2<sup>nd</sup> in percentage of graduates entering primary care residencies
- 70% of graduates entering Family Medicine residency
- KYCO (College of Optometry) will graduate its very first class in 2020.
  - 22<sup>nd</sup> school in the country to have a College of Optometry
  - Only Optometry school in Kentucky
  - KYCOM and KYCO integrated classes to foster inter-professional relationships
- Economic growth in Pikeville is substantial with new restaurants and stores, including Chick-fil-a and Einstein Bagels in UPIKE's new Health Professions Education Building.

## Challenges

- Isolated in the mountains, region is underserved
  - Population of 6,810 (2019)
  - Poverty, unemployment, Medicaid and uninsured, and mortality are higher than state and national average
  - Overall poverty rate is 29.2% while the national average sits at 12.3%
- Opioid epidemic concerns
  - In 2018, there were 989 reported opioid-involved deaths in KY, which was DOWN from 2017.
  - 27.9 deaths per 100,000 compared to national average of 14.6 deaths per 100,000
- CDC ranked Pike County as 21st most at-risk county in the nation for an outbreak of HIV or Hepatitis C from injection drug use
  - Needle exchange program started in 2016
- Kentucky is consistently over the national average in obesity, diabetes, smoking, and inactivity





Created by the Appalachian Regional Commission, August 2017

Data Sources:

Unemployment data: U.S. Bureau of Labor Statistics, LAUS, 2013–2015

Income data: U.S. Bureau of Economic Analysis, REIS, 2015

Poverty data: U.S. Census Bureau, American Community Survey, 2011–2015

Effective October 1, 2017  
through September 30, 2018

# Community Involvement



**Walk to End Alzheimer's**  
2016



**Relay for Life**  
2017



# Community Involvement

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## Hillbilly Days

Cancelled due to COVID-19





# Service to the School

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- Assist SGA with orientation week events (Fashion Show, Equipment Distribution)
- Support KYCOM faculty by working graduation, research symposiums, and white coat ceremony
- 2nd year SSP members helped conduct Osteopathic Medicine Mock Practical Examinations for first year students
- Peer Mentoring and Tutoring



# 2021 Research Symposium







# Class of 2021 Graduation Ceremony





# Sigma Chapter Stats

## **Officers**

- President: Tiffany Isaacs
- Vice President: Diana Schwietzer
- Treasurer: Kenneth Saillant
- Secretary: Naushair Hussain
- Service Chair: Raven Melson

## **Membership**

- 4<sup>th</sup> Year Members: 35
- 3<sup>rd</sup> Year Members: 35
- 2<sup>nd</sup> Year Members: 35
- Total: 105

# Keeping Members Active and Involved

## **Pre-Clinical 1<sup>st</sup> and 2<sup>nd</sup> Years**

- Monthly meetings
- Participation in all philanthropic events held throughout the semester
  - Service hours reported to our SSP Community Service Chair
  - Minimum of 15 hours per semester

## **Clinical 3<sup>rd</sup> and 4<sup>th</sup> Years**

- Off campus during this time for clinical rotations
- Do not require them to participate in monthly meetings, as these are normally held during the lunch hour
- Required to participate in 20 service hours yearly
- Must be reported to our Community Service Chair before the end of the semester in order to maintain in good standing



# Future Projects and Goals

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- Establishing a Big/Little Professional Mentorship within the fraternity
  - Between every other class (Class of 2018 paired with Class of 2020)
  - Offers insight into rotations, residency match, and adjusting to professional life
  - Keeps older classes connected to the fraternity and school while away on rotations
- Larger presence on UPIKE Campus through leadership
  - Admissions events
  - Increase member participation through tutoring, mock osteopathic exams, and mock standardized patient encounters for first year students
- Expand community outreach to establish relationships with Pikeville organizations
  - More collaboration with other KYCOM clubs and organizations in order to involve more students in service opportunities
    - Many members serve leadership roles in multiple clubs
    - Team with other clubs for service events including but not limited to the animal shelter, local rehab facility, and mental-health committee





Thank you!  
Questions?

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