



SIGMA SIGMA PHI

Upsilon Chapter

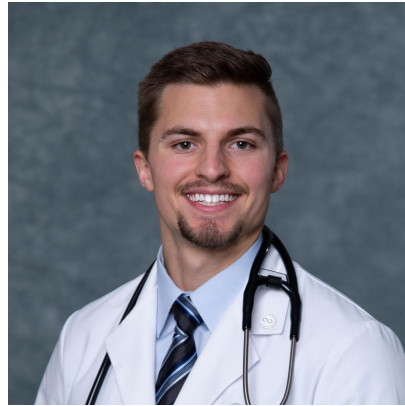
**A.T. Still University - School of
Osteopathic Medicine in Arizona
(ATSU-SOMA)**

Annual Report - 2021

2021-2022 LEADERSHIP



President
Amy Lee, OMS IV



Vice-President
Brandon Poppe, OMS III



Secretary
Lauren Miranda-Cacdac,
OMS III



Treasurer
Nathan Holt, OMS III

MEMBERSHIP

- 38 members
 - Class of 2022: 17
 - Class of 2023: 15
 - Class of 2024: 6
 - 12 new members inducted from Spring
(33 applicants total)
- 14 graduating seniors (Class of 2021)

MAINTAINING MEMBERSHIP

- OMS-I and OMS-II students must maintain at least 85% GPA
- No course or clinical clerkship failures
- 20 hours of community service hours per academic year

RECRUITMENT

- Fall cycle: OMS-II, OMS-III, OMS-IV
- Spring cycle: OMS-I, OMS-II, OMS-III
- Application sent to top 20% of each class
 - Dedication to community service, leadership, essay, cover letter, CV

RULES AND REGULATIONS

Missed Meetings

- Must contact SSP Secretary regarding missing meeting
- Missing meetings will be considered on a case-by-case basis

Dismissal from SSP

- Three strikes policy
 - Includes:
 - Poor academic performance
 - Lack of meeting attendance
 - Lack of community service participation
 - For Academic Probation: Meeting with Advisor Dr. Sheridan to discuss ways to maintain GPA

CHAPTER GOALS MET FROM 2020-2021

- Overcame challenges of COVID-19 to have impactful service projects
- Mentorship program initiated
- Improved membership application process with an emphasis on service
- Expanded Academic Committee
 - Organized central folder for members to access resources
 - Started Journal Club
- Continued alumni involvement through panels
- Promoted leadership within Upsilon chapter

CHAPTER GOALS 2021-2022

- Continue serve communities with mindfulness of COVID-19 and member safety
- Expand mentorship program
- Continue to reflect on and improve membership application process
- Grow Academic Committee
 - Continue to add to central resource folder
 - Continue Journal Club
- Engage alumni
- Promote leadership opportunities within the chapter

SERVICE MONTH



Service month is a time where SSP members lead their CHCs to create and contribute to projects that can be continued in the future, either as future Sigma Sigma Phi service projects, or projects that the CHCs could work on to just give back to the community.

Seattle - Vaccination Clinic



Members from the Seattle CHC volunteered to help distribute the COVID-19 vaccine.

Their goal was to promote wellness in their community by contributing to the immunization efforts.

Tucson - COVID Vaccination Outreach



At the Tucson CHC, we reached out via telephone to patients 80 years or older and helped them schedule their COVID-19 vaccine. Our event had to be virtual.

Together, nine of us from all three years reached out to over 200 individuals. We used our data to help determine some of the reasons why people couldn't or wouldn't get the vaccine.

Our goal is to promote the health and well-being of our most vulnerable populations and to help identify and address the social determinants of health that the elderly face when trying to receive a COVID-19 vaccine



Ohio - Notes Of Encouragement



Partnering with the United Way of Greater Cincinnati, 16 members of the Ohio CHC pledged to write a minimum of 64 notes of encouragement that would be distributed to 17 senior living communities in Greater Cincinnati.

The goal of this project was to provide a human connection to many communities that have still been forced to remain in isolation due to the Covid-19 pandemic. We hoped to provide a sense of hope as we begin to turn the corner on the pandemic.



Chicago- Center for Enriched Living

The Chicago CHC partnered with the Center for Enriched Living, a program that allows individuals with developmental disabilities to be included in the community and enjoy a good quality of life. Many of these individuals live in residential agencies and have had limited interaction with family members due to COVID. We wanted to establish a “pen pal-ship”, engaging with these individuals by sending them letters, cards, or pictures to let them know we are thinking of them during this difficult time.

Our goal was to promote well-being by reaching out to vulnerable members of the community who may be feeling isolated or scared, creating a sense of hope as we move through this pandemic together.



Phoenix - Corbin's Legacy Vaccine Clinic

Corbin's Legacy is a clinic in Mesa that opened a COVID vaccine site at Emerson Elementary School. ATSU students (OMSI-IV) and faculty came together to make the day run efficiently in order to vaccinate as many community members as possible.

Our goal was to be part of the solution for this pandemic by injecting vaccines, monitoring patients afterwards, restocking supplies, and directing traffic.



Brooklyn - NYU Family Support Center

Members from the Brooklyn CHC volunteered at the NYU-Langone Family Support Center at a program called The Table.

The Table helps those on food stamps obtain the groceries they need based on USDA/SNAP guidelines.

The goal is to help promote healthy lifestyles in an underserved area that has poor access to healthy food options.



Portland - SOLVE

Members from the Portland CHC volunteered with SOLVE at Seaside Beach in Oregon, helping to pick up trash along the Oregon coast.

SOLVE is an organization that brings Oregonians together to improve our environment and continue to build a legacy of Stewardships.

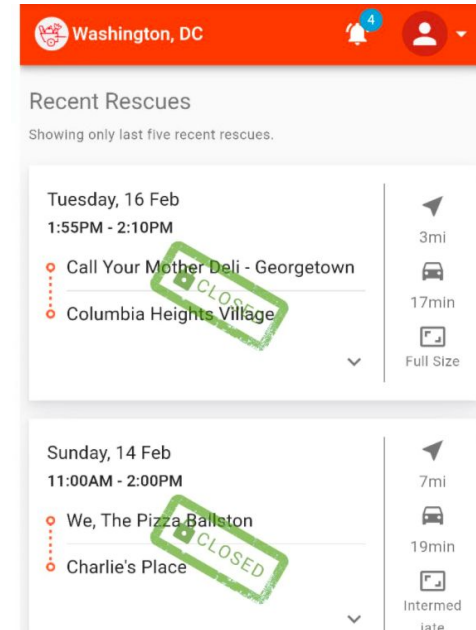


Washington, DC - Food Rescue

Members of the Washington, DC CHC volunteered with Food Rescue US to help pick up food that would have otherwise gone to waste from local restaurants, grocers, and other food establishments and help deliver it to local social service agencies

The Food Rescue model empowers communities to serve themselves with the support of technology (using an easy to use mobile app)

It simultaneously gets food to those who need it most and reduces food waste



Waianae, HI

Members from the Hawaii CHC have organized a beach clean-up at Ala Moana Beach Park for March 27th. This location is a popular urban beach for locals and tourists alike. Given its high traffic, the park and beach can become littered with waste. With our event, we hope to help this landmark keep its natural beauty and improve the home range of local wildlife impacted by human activity.



Ala Moana Beach Park and Magic Island by Douglas Peebles

San Ysidro, CA

Our CHC participated in a SOMA club activity, S.H.A.R.P. (student homeless aid project) and made sack lunches which included sandwiches, granola bars, and PPE for a local women's and children's shelter. We were able to make 50 bags for families in need and plan to do this event at least one or two more times this academic year. With this event we hope to help families in need, especially during the COVID-19 pandemic.



Visalia, CA

COVID Vaccine Clinic

Provided vaccinations to over 500 local packing house workers immediately after their shifts. Additionally, time was spent educating patients on frequently asked questions, common adverse effects, and myths and facts surrounding the COVID vaccine.

