

# Sigma Sigma Phi-Omega Chapter

New York Institute of Technology-  
College of Osteopathic Medicine  
Old Westbury, NY

Kaitlin Unser, OMS III  
President, 2023-2024



**NEW YORK INSTITUTE  
OF TECHNOLOGY**

College of Osteopathic  
Medicine

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# Current Membership

## **Sigma Sigma Phi** *Omega Chapter*

Class of 2024- 25 members

Class of 2025- 5 members, further  
invitations pending at this time

**Total Members: 30**



# Hygiene Supply Drive

- Members hosted a Donation Drive accepting hygiene products (eg. deodorant, toothpaste, toothbrushes, socks, chapstick, etc.). Supplies were then placed in Nurse's Offices throughout the schools.
- Goal is to improve access to hygiene products for low-income families and children in Brentwood, NY.
- Members collected over 200 supplies to donate to Brentwood School District.
- Will continue into 2023-2024



# Rock Steady Boxing

- Rock Steady is a boxing program that holds classes on campus geared towards individuals with Parkinson Disease and other movement disorders.
- Goal is to improve quality of life through a non-contact boxing based fitness curriculum.
- Classes held In-Person on Monday, Wednesday and Fridays on a Weekly basis



# Community Free Clinic

- The NYIT College of Osteopathic Medicine Community Free Clinic is a local clinic run by physician and student volunteers who provide medical care to those in need who may not be able to afford care
- Goal is to improve access to healthcare in the NY and Long Island Region
- Clinics are held in Central Islip, Old Westbury and Harlem, NY
- Office visits are offered both in person and virtually via televisit
- **Update:** The clinic in Old Westbury most recently added a separate clinic that solely provides free Osteopathic Manipulative Medicine to those in need. This project came to fruition in October 2022.

# Mentorship Program

- Partnered with Gold Humanism Honor Society to establish a mentorship-like program
- Recruited newly-matched fourth-year students to serve as mentors to current third-years/rising fourth-years
- Provided breakdown of students by specialty with their contact information for questions regarding fourth-year and the residency application process
- Made available to student body via email due to COVID-19
- Will continue for the 2023-2024 academic year



# Blood Drive and Be The Match

## New York Blood Center Blood Drive

- Members participated and helped host a blood drive in Old Westbury, NY
- Goal is to collect blood product donations for the New York Blood Center



## Be The Match Collection

- Members participated and helped host a collection stand
- Goal was to collect cheek swabs to send to Be The Match
- One member matched and had the opportunity to donate Peripheral Blood Stem Cells





# Stop the Bleed

- The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life threatening bleeding following everyday emergencies and man-made and natural disasters
- After completing the training course, members can sign up to instruct one of the classes.



SAVE A LIFE

# Future Events...

- More of: Stop the Bleed, Rock Steady, Mentorship program, Volunteer as an MCAT Tutor/Coach, Cardiac Screening and more
- In The Works: Sun Safety Seminar and Skin Check Screening in Community, Care Packages for Elderly, Pickleball Fundraiser, Bethany House Thanksgiving Donation and Continued Partnership